

Quest Food Management

Recipe Sizing Report

002186 - pinwheels-italian : nslp tinley	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: serving	Meat/Alt: 2.25 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
903259 turkey breast whole skin on gfs 315974.....	1 lb + 9 ozs	
903662 cheese white american reduced fat comm.....	100 slice 200ct	
903548 LETTUCE, Salad Tiny Chop Mix gfs#153121...	3 qts + 1/2 CUP (AP Mix)	
902781 dressing italian kens fat free 188875.....	6 lbs + 4 ozs	
902806 tortilla ultra grain 6".....	100 (1 each)	
903142 turkey ham commodity 202150.....	1 lb + 9 ozs	

*Nutrients are based upon 1 Portion Size (serving)

Calories	315 kcal	Cholesterol	31 mg	Sugars	*2.0* g	Calcium	196.63 mg	33.75%	Calories from Total Fat
Total Fat	11.79 g	Sodium	1591 mg	Protein	15.16 g	Iron	1.97 mg	19.05%	Calories from Saturated Fat
Saturated Fat	6.66 g	Carbohydrates	38.59 g	Vitamin A	1445.8 IU	Water ¹	*0.00* g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	4.17 g	Vitamin C	0.9 mg	Ash ¹	*0.00* g	49.08%	Calories from Carbohydrates
								19.28%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.